

Character Council of Indiana

Our character focus for the month of *OCTOBER* is

PATIENCE vs. RESTLESSNESS

“Accepting a difficult situation without giving a deadline to remove it.”

Patience in the home:

?? Dealing with difficulties as character building opportunities instead of seeking to solve the family problems by making more money.

?? Being willing to make the most of a limited income.

?? Giving up immediate wants if they do not help the family as a whole.

?? Children being diligent to do their homework well even if the subject or teacher is difficult or unpleasant

Commitment to Patience:

?? I will change the things I can change and accept the things I can't

?? I will keep trying until I succeed.

?? I will make the most of my spare time.

?? I will not interrupt

?? I will not complain if I don't get my way.

Patience: Points to Ponder

Are there things beyond your control that frustrate you and test your patience?

Do you give up easily when trying to come up with a more efficient way of doing something? Restlessness could be defined as trying to seize control of things that are beyond your control. Weather is certainly beyond our control, however it negatively impacts many organizations. Being patient and having contingency plans for bad weather reduces organizational stress and improves effectiveness.

Do you lack patience at home? Do your children get on your nerves when they are truly just being children? Do you take time to be compassionate with your spouse, even when you do not feel like it? Do you take time to get the counsel of your spouse when making important decisions? Are you patient when teaching a child a new skill? Being patient with family members shows them our love more than words.

Patiently overcoming restlessness requires *accepting* problems and working with the consequences. Patience is using wait time to *work* on other fruitful endeavors rather than fretting. Patience is *cooperating* when red tape and bureaucracies seem to add unnecessary steps to a project. Patience is needed when urgent decisions beckon because guessing is dangerous.

Does your organization have symptoms of a lack of patience? Evidences include:

- ?? Employees who fear taking calculated risks
- ?? Hurried mistakes
- ?? Repeat problems because time is not taken to analyze the root problem
- ?? Lack of loyalty to impatient staff
- ?? Low morale
- ?? High turnover

Upcoming events:

- ☞ Wednesday, October 10th **CHARACTER FIRST!® Corporate Training**, 9:00 – 4:00 (*See flyer attached*)
- ☞ Monday, October 15th Greenfield, **CHARACTER FIRST!® Corporate Training**, 9:00 – 4:00
Greenfield Central High School – *Open to the public*
- ☞ Tuesday, October 16th Character Leadership Breakfast, 7:00 – 8:00
- ☞ Tuesday, October 23rd Terre Haute, Character Leadership Breakfast, 7:00 – 8:00
Sugar Grove Elementary – *For more information, call Marsha at 812-235-8101*

Events are held at the Indianapolis Training Center, 2820 N. Meridian unless otherwise noted. For more information about any of these events, please call our Indianapolis office at (317) 543-4870 or e-mail us at info@charactercouncil.org